

# HonorHealth Rehabilitation Hospital and CARF Accreditation: What it Means for You

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## What is CARF?



Founded in 1966 as the Commission on Accreditation of Rehabilitation Facilities (CARF), CARF International is an independent, non-profit accreditor of health and human services.

CARF accreditation demonstrates a provider's commitment to continually improving services, encouraging feedback and serving the community.

In August 2020, HonorHealth Rehabilitation Hospital was awarded the following CARF accreditations, each for a period of three years:

- Comprehensive Integrated Inpatient Rehabilitation Program
- Amputation Specialty Program
- Brain Injury Specialty Program
- Stroke Specialty Program

## Why is CARF accreditation important?

CARF accreditation is evidence that a provider is patient-centered and committed to continual quality enhancement.

At this time, HonorHealth is one of a few inpatient rehabilitation hospitals in Arizona that has achieved CARF accreditation.

## How is CARF accreditation achieved?

The accreditation process includes a rigorous peer review involving an interdisciplinary survey team. Hospitals are evaluated on measurable, accountable and high quality programs and services. All aspects of patient care, programs and services offered, staff engagement, customer service, hospital culture and leadership are reviewed.

## About HonorHealth Rehabilitation Hospital's CARF Accreditations\*

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### Comprehensive Integrated Inpatient Rehabilitation Program

A comprehensive integrated inpatient rehabilitation program coordinates and integrates 24-hour medical and rehabilitation services. Pre-admission assessments determine the program and setting that best meets the needs of each patient. Patients, in collaboration with interdisciplinary team members at the hospital, identify and address their medical and rehabilitation needs.

## **Amputation Specialty Program**

The amputation specialty program is person-centered, focusing on collaboration strategies that, in part, maximize independent living and quality of life and minimize impairment. Through the use of performance indicators, the program measures the effectiveness of services provided across the care continuum.

## **Brain Injury Specialty Program**

A brain injury specialty program delivers services that focus on the unique needs of people who have suffered a brain injury. The program's goals are to:

- Minimize the impact of impairments and secondary complications
- Reduce activity limitations
- Maximize wellness, quality of life and community inclusion
- Decrease environmental barriers
- Promote self-advocacy

The brain injury specialty program utilizes current research and evidence to provide effective rehabilitation, and supports future improvements by advocating for or participating in brain injury research.

The brain injury specialty program also partners with the patient, families, support systems and providers across the continuum of care to promote an integrated system that optimizes recovery, adjustment, inclusion, participation and prevention.

## **Stroke Specialty Program**

A stroke specialty program delivers services that focus on the unique needs of stroke survivors, including:

- Minimizing impairments and secondary complications
- Reducing activity limits
- Maximizing participation and quality of life
- Decreasing environmental barriers
- Preventing recurrent stroke

The stroke specialty program recognizes the individuality, preferences, strengths and needs of the patient and their families and support systems. It assists patients and their families and support systems in managing their own health, encouraging appropriate use of health care systems and services, and supporting efforts to promote personal health and wellness and improve quality of life.

The stroke specialty program also utilizes current research and evidence to provide effective rehabilitation and supports future care improvements by advocating for, or participating in, stroke research.

*\*Source: CARF International 2020 Medical Rehabilitation Program Descriptions  
(<http://www.carf.org/Programs/Medical/>)*